

Department of Kinesiology
Sam Houston State University
mary.williams@shsu.edu

EDUCATION

Texas A&M University ²Corpus Christi, Corpus Christi, TX
Doctor of Education in Educational Leadership, December 2014
Cognate: Higher Education and Kinesiology
Major Advisors: Kakali Bhattacharya, Ph.D. and Randall Bowden, Ph.D.
Dissertation Title: Moving Bodies, Moving Minds: A Case Study Exploring Teaching and Learning in a Moving Classroom

Texas A&M University ²Corpus Christi, Corpus Christi, TX
Master of Arts in Psychology, August 2004
Major Advisor: Paula Biedenharn, Ph.D.
Thesis Title: Psychology of Injury: Examination of Physical Coping Styles and Healing Time of Injured Collegiate Athletes

Coe College, Cedar Rapids, IA
Bachelor of Arts, May 2001
Majors: Biology, Psychology, and Athletic Training
Major Advisor: John Chandler ATC/L, Instructor/Clinician

EMPLOYMENT HISTORY

Academic Appointments

Assistant Professor and Athletic Training Program Director
Department of Kinesiology, Sam Houston State University, Huntsville, TX
(August 2014-present). Direct newly created Bachelor of Science in Athletic Training degree program. Develop curriculum and course sequencing, student clinical preceptor handbooks, and other administrative duties required to begin a new program. Teaching experiences include undergraduate courses in Prevention & Care of Injuries, Lifetime Health and Wellness, and Head & Facial Injuries in Sport.

Assistant Clinical Professor/Athletic Training Program Director
Department of Kinesiology, Texas A&M University, Corpus Christi, TX (August 2008-present)
Instructor/Athletic Training Clinical Coordinator/Associate Athletic Trainer

Department of Kinesiology and Department of Intercollegiate Athletics, Texas A&M University
Corpus Christi, TX (August 2007 - July 2008). Served as Clinical Coordinator for the undergraduate athletic training program which included assisting the Program Director with

	KINE 4325.W01		KINE 4325.W01 KINE 4326
2010	KINE 4192 KINE 4194 KINE 4322 KINE 4325.W01	KINE 2215 KINE 4325.W01 KINE 3337	KINE 2191 KINE 4193 KINE 4325.W01 KINE 4326
2011	KINE 4192 KINE 4194 KINE 4322 KINE 4325.W01 KINE 4325.W02	KINE 4325.W01 KINE 3337	KINE 2191 KINE 4193 KINE 4325.W01 KINE 4326
2012	KINE 4194 KINE 4322 KINE 4325.W01	KINE 4325.W01	KINE 2191 KINE 3337 KINE 4193 KINE 4326
2013	KINE 2192 KINE 3318 KINE 4192 KINE 4194 KINE 4322	KINE 2315 KINE 3318 KINE 3337	KINE 2191 KINE 3337 KINE 4193 KINE 4326
2014 TAMU-CC/ SHSU	KINE 2192 KINE 3318 KINE 4194 KINE 4194 KINE 4322	KINE 3318 KINE 3337	KINE 2115.02 (SHSU) KINE 2115.36 (SHSU) KINE 3370(SHSU)
2015	KINE 3370 KINE 4392	KINE 1331 KINE 3370 KINE 2115.10 KINE 4335	KINE 3370 ATTR 3383
2016	ATTR 3370 ATTR 4300 ATTR 4100		ATTR 3383 ATTR 4291 ATTR 4369 ATTR 4169 KINE 3362

- ATTR 4169 Therapeutic Interventions II Lab
This course will include hands-on application of skills in the areas of therapeutic exercise and therapeutic medications used to treat impairments due to injury or illness. This laboratory includes instruction, practice, and evaluation of clinical skills related therapeutic interventions in the treatment of pain, and deficiencies in movement, strength, endurance, speed, neuromuscular control, coordination, agility, cardiorespiratory fitness, and activity specific skills. Commission on Accreditation of Athletic Training Education (CAATE) 5th edition competencies in the domain areas of Evidence-Based Practice, Therapeutic Interventions, and Healthcare Administration will be included in this course. Concurrent enrollment with ATTR 4369. Credit 1. Prerequisites: Admission to the Athletic Training Program, ATTR

- KINE 2192 Clinical Experiences in Athletic Training II: This course focuses on clinical proficiencies related to injury prevention and care, wrapping, taping and bracing, as well as acute and emergency care procedures. This course is taken concurrently by students enrolled in KINE 3318 Prevention & Care of Athletic Injuries.
Texas A&M University-Corpus Christi
- KINE 2215 First Aid and Safety This course is designed to provide instruction leading to American Red Cross certification in basic First Aid, CPR/AED.
Texas A&M University-Corpus Christi
- KINE 2315 CPR and First Aid for the Professional Rescuer This course provides the skills needed by professional rescuers to respond appropriately to breathing and other first aid emergencies. This includes the use of automated external defibrillation (AED), oxygenation, and airway management devices to care for a victim of breathing or cardiac emergencies.
Texas A&M University-Corpus Christi
- KINE 3191 Clinical Experiences in Athletic Training III : This course focuses on clinical proficiencies related to use of therapeutic modalities and manual therapies. This course is taken concurrently by students enrolled in KINE 3320 Therapeutic Modalities.
Texas A&M University-Corpus Christi
- KINE 3192 Clinical Experiences in Athletic Training IV: This course focuses on clinical proficiencies related to lower extremity assessment and diagnosis. This course is taken concurrently by students enrolled in KINE 3324 Evaluation of Lower Extremity Injuries.
Texas A&M University-Corpus Christi
- KINE 3318 Prevention and Care of Athletic Injuries Provides the general knowledge and general application of theory, principles, and skills used in the prevention, and rehabilitation of athletic injuries.
Texas A&M University-o

- KINE 4193 Clinical Experiences in Athletic Training VII: This course focuses on clinical proficiencies related to general medical assessment and diagnosis, and referral. This course is taken concurrently by students enrolled in KINE 4326 Medical Terminology and Conditions in Sport and Exercise.
Texas A&M University 2Corpus Christi
- KINE 4322 Rehabilitation of Athletic Injuries: Rehabilitation for athletic injuries including goniometry, muscle testing, therapeutic exercises, and documentation.
Texas A&M University 2Corpus Christi
- KINE 4325 Kinetic Anatomy: An analysis of the skeletal, muscular, and neurological and functional aspects of human movement with emphasis on sport and fitness activities. This course is delivered in an On-line format.
Texas A&M University 2Corpus Christi
- KINE 4326 Medical Terminology and Conditions in Sport and Exercise Provides information about team physician and athletic trainer relationships, physical examinations, emergency equipment, medical terminology, athletic injuries, and general medical conditions.
Texas A&M University 2Corpus Christi
- KINE 4696 Directed Individual Study. Investigative study on selected problems by students with particular needs through special permission of the Department Chair and Dean.
Texas A&M University 2Corpus Christi

PUBLICATIONS

Refereed Journal Article

Williams, M. & Schoenfeld, B. (2012). Point/Counterpoint: Are Deep Squats a Viable Exercise of Strength Conditioning? *Journal of Strength & Conditioning Research*, 26(2), 346

Refereed Abstracts

Melrose, D., Barnes, M.L., Ocker, L.B., Spaiol, F.J., Bonnette, R., & Wood, G. (2009). The effects of shoulder girdle dynamics, reach, and jump mode on vertical jump performance. *National Strength & Conditioning Association*

Recruiting Table Greater Houston Athletic Trainers Society (GHATS) Student Workshop
December 2014

Academic Advisor at Houston State University (specifically for Professional and Professional
Athletic Training Students) 2014-present

Member, COHS Committee on Academic Quality and Success (CAQS) (College Level) 2014-2015

Member, Kinesiology Undergraduate Curriculum Committee (Department Level), Fall 2014-Present

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Co-Faculty Advisor, Kinesiology Club, 2011

Member, Student Athlete Health & Wellness Advisory Committee at University of Houston

Member, University Center Student Organization Student Leadership Scholarship Committee, 2010

Member, Department of Kinesiology Assistant Clinical Professor Search Committee, 2010

Member, Department of Kinesiology Instructor/Assistant Athletic Trainer Search Committee, 2010

Officer, Doctoral Inspiration Group Support Student Organization, 2010

Interviewer, Brief Intervention for Alcohol Use Project for Texas Standard Research Project and Grant, 2011

Member, Texas A&M Health Science Center Coastal Bend Health Education Center Future Health Professions Workshop, 2011

Chair, ATEP Reaccreditation Committee, 2013

Instructor, Kinesiology Faculty CPR/AED recertification class, September, 2011

Advisor, Islander Transition Center, Fall 2011

Administrator Athletic Training Student em5pO(th4(h)10(olaD 7>> BDCit)-nE)4(D)10 BT 1 0 0 1 108pte

Presenter, Athletic Training Program Workshop ~~SWAs~~ ~~Were~~ HIPAA and FERPA Converge, Workshop for Athletic Training Students and Clinical Preceptors, April 2013

Advisor of Athletic Training Students who presented at Blaschke Sheldon Elementary Career Day, Ingleside, TX, June 2013

Event Organizer, Functional Movement Screen Level I Training, Certificate and Continuing Education Course, July 2013

Workshop Director and Presenter, Concussion Training for Coaches and Athletic Trainers, Continuing Education Course, August 2013

Presenter, Preceptor Training and Continuing Education, Evidence Based Practice: Ottawa Ankle Rules, August 2013

Committee Member, Texas A&M University-Corpus Christi Department of Kinesiology Search Committee Associate Professor and Department Chair, Spring 2014

Chair, Texas A&M University-Corpus Christi Department of Kinesiology Search Committee Athletic Training Clinical Education Coordinator, Summer 2014

Chair, Texas A&M University-Corpus Christi Department of Kinesiology Search Committee Athletic Training Program Director, Summer 2014

Presenter, Texas A&M University-Corpus Christi Athletic Training Preceptor Training, July 2014

Advisor, All Athletic Training Majors, Sam Houston State University, Fall ~~2014~~ ~~present~~

Member, Kinesiology Development Committee, Fall ~~2014~~ ~~present~~

Member, Kinesiology Awards Committee, Fall ~~2014~~ ~~present~~

Member, Kinesiology Graduate Committee, Fall ~~2014~~ ~~present~~

Member, Kinesiology Undergraduate Curriculum Committee, Fall ~~2014~~ ~~present~~

Member, Kinesiology Recruitment and Retention Committee, Fall ~~2014~~ ~~present~~

Member, Kinesiology Department Safety Committee, Fall ~~2014~~ ~~present~~

Member, College of Health Sciences Committee on Academic Quality and Success, Fall ~~2014~~ ~~present~~

Chair, Search Committee for Clinical Assistant Professor and Athletic Training Clinical Education Coordinator, Spring 2015

SPECIAL PROJECTS

Wrote Self Study for Initial CAATE Accreditation for BS in Athletic Training Program, Submitted June 2016

Assisted in

Developed online course for KINE 4335² Sport & Exercise Psychology for SHSU Contract Summer 2016

Submitted equipment budget, and assisted with planning and execution of renovation to create new Athletic Training Laboratory (HKC 248C) December 2015

Submitted proposal to the High Education Coordinating Board (HECB) to request BS in Athletic Training degree plan to exceed 120 hours (122 credit hours) September 2015 (Approved January 2016)

Proposal for curriculum change (Form A) and 3 new courses proposal (Form B) for the BS in Athletic Training Program at Sam Houston State University, Fall 2015

INVITED SPEAKING/TEACHING ENGAGEMENTS

Invited Speaker, Mental Strategies in Golf

Attended Digital Measures Training Workshop (October, 2011)

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